

Sioux City Community School District

January 2024 Lunch Menu for K - 5

*Contains Pork

Monday	Tuesday	Wednesday	Thursday	Friday
1 January	2 January	3 January	4 January	5 January
NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	Classes Resume Chicken noodle soup Broccoli/cauliflower/dip Pretzel Goldfish crackers Whole Grain Cinnamon roll Fruit cocktail Milk	Salisbury steak with glaze Mashed potatoes/gravy Baby carrots/dip Dinner roll/ margarine Apricots Milk	Chili cheese dog/bun Lattice Fries Pickle Spear Applesauce Milk
8 January	9 January	10 January	11 January	12 January
Corn Dog Baked beans Baby carrots/dip Pears Milk	French toast/syrup *Sausage links (2) Apple/berry yogurt parfait Broccoli/carrots/dip Dragon Punch Milk	Chicken strips with BBQ sauce Mashed potatoes/gravy Fresh mixed greens/dressing Banana Bread/margarine Milk	Sweet roll taco with lettuce & Cheese Black bean salsa/chips Celery sticks/ peanut butter Fruit cocktail Milk	NO SCHOOL
15 January	16 January	17 January	18 January	19 January
Lasagna with sauce Bread/margarine Tossed salad/dressing Corn Applesauce Milk	Macaroni & cheese PB & Jelly sandwich Green beans Carrot sticks/dip Pineapple tidbits Milk	Chili with cheddar goldfish Dinner salad/cauliflower Mandarin oranges Cornbread Milk	Spaghetti with meatballs String cheese stick Fresh mixed veggies Bread/margarine Strawberries/mixed berries Milk	Fiestada Pizza with salsa Tossed salad/dressing Refried beans Sliced fresh oranges Milk
22 January	23 January	24 January	25 January	26 January
*Pulled pork/bun/BBQ sauce Baked beans Sliced pickles Ranch Wedges Applesauce Milk	Cheese Breadsticks (2) With marinara Oven roasted potatoes Broccoli/dip Peaches Milk	Beef Stroganoff Dinner salad/carrots Bread/margarine Fresh Pineapple Cookie Cheddar Cheese cubes Milk	Deep Dish Pizza Dinner salad/broccoli Applesauce Fat Free Vanilla Pudding Milk	*Pork parmesan flatbread/ mozzarella cheese/marinara Dinner salad/ tomatoes Fresh sliced orange Milk
29 January	30 January	31 January	1 February	2 February
Mini tacos (6) with salsa Refried beans Tossed salad/dressing Cheddar cheese cubes Applesauce Milk	Popcorn Chicken Mashed potatoes/gravy Biscuit/margarine Carrot sticks/dip Sliced oranges Milk	Bean & cheese Chili Releno Tossed salad/dressing Black bean salsa/chips Fresh pineapple Milk	Country fried steak/Bun Mashed potatoes/gravy Broccoli/cauliflower/dip Milk	4 x 6 Pepperoni Pizza Dinner salad/carrots Fat Free Vanilla Pudding Apricots Milk

Menu subject to change without notice

This institution is an Equal Opportunity Provider

Visit <http://www.siouxc.schools.or.arents.school-meals-and-menus.carbs-aller.ens-in.ormation> for a complete list of carbs and allergens